

B1.5 Feelings and Fears

You can learn:

- How to talk about feelings and emotions.
- How to speculate about causes and effects.
- How to talk about fears and phobias.

1



Discuss the questions in the box, which are all related to the topic of feelings and emotions, with your partner.

- When was the last time you got angry? Why was it? Did you do something about it?
- Do you get more angry when politicians break their promises, or when people are bad-mannered? Why?
- When was the last time you got depressed? Why?
- Do you get more depressed when you see terrible events on the T.V. news, or when you get ill?
- When was the last time you felt really happy? Why? How did you show your happiness?
- Do you feel more happy at sporting events, or at family celebrations? Can you give examples?
- When was the last time you felt really surprised?
- When was the last time you felt really bored?
- Which is more boring: waiting in a queue for something, or doing the housework?

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2



Look at the people in the pictures and speculate with your partner about what caused the people to feel the way they do.

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1

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2

Image Attribution to izqrd0



3

2



4

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5

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Where is the person? What has just happened? What has made them feel the way they do? What is the person saying, or going to say? What is going to happen next? What is the person going to do? How might the situation develop? Can you imagine a 'happy ending' for each one?

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3  **Discuss the questions in the box below, which all relate to the topic of fears .**

- When was the last time you screamed because you were scared? Did someone hear you?
- Do you have any phobias? For example, claustrophobia? Or arachnophobia?
- Are you afraid of heights? Do you suffer from vertigo? If so, when was the last time?
- Are you afraid of going to the dentist? Why/why not? How do you calm your nerves?
- How do you react when you are frightened?
- Do you ever have nightmares (bad dreams)?
- Are you afraid of getting old? Of dying?
- What is your greatest fear for yourself?
- What is your greatest fear for the planet earth?
- Are you afraid of flying? Of speaking in public?
- Is there any person you are scared of?
- Were you afraid of the dark as a child?
- What were you most afraid of as a child?
- Do you ever go to horror movies? Do you enjoy them? Why do people (you?) like them?

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Now look at the six images below. Imagine it is Halloween (October 31st) and you and your partner are going to enter a "Scary Story" competition. What ideas do the images give you? Choose several (or all) of them, and together try to connect them to make a frightening story, but with a happy ending!

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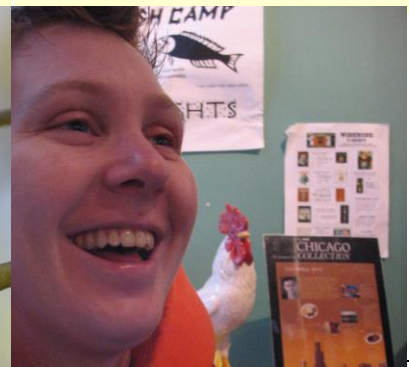


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Now write the "Scary Story" using some of the ideas suggested in the previous activity.

It was a dark and stormy night, but Mike decided to go...

